

Student Test-Taking Tips



Before the test:

- ✓ Mark the testing day(s) on your calendar.
- ✓ Get enough sleep the night before the test. Your brain and body need rest to perform at their best!
- ✓ Eat a healthy breakfast the morning of the test to ensure your brain is working at its best.
- ✓ Wake up early and get to school on time the morning of the test.
- ✓ When getting ready, wear comfortable clothing appropriate for the day's weather.

During the test:

- ✓ Relax and do your best.
- ✓ Have a positive attitude – this goes a long way toward being successful.
- ✓ Read and pay careful attention to all directions.
- ✓ Read each passage and accompanying questions thoroughly.
- ✓ Keep your eyes focused on your own device.
- ✓ Don't change an answer unless absolutely necessary. Your first choice is usually correct.
- ✓ Don't get upset or frustrated if stuck on a question. Reread the question again, and then solve it as best you can. Take your best guess if need be.
- ✓ Use the process of elimination to help you choose the correct answer in multiple-choice questions.
- ✓ Don't worry if others finish before you. Instead, focus on the test in front of you.
- ✓ Go back and review your answers before completing the test. Make sure that you didn't make any careless mistakes.

